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$$\sqrt[3]{2x+3} - \sqrt[3]{2x+1} = 2 \quad | (\)^3$$

$$2x+3 = \sqrt[3]{(2x+3)^2(2x+1)} + 3\sqrt[3]{(2x+3)(2x+1)^2} - 2x-1 = 8$$

$$-3\sqrt[3]{(2x+3)(2x+1)} (\sqrt[3]{2x+3} - \sqrt[3]{2x+1}) = 6$$

$$-3\sqrt[3]{(2x+3)(2x+1)} \cdot 2 = 6 \quad | : -6$$

$$\sqrt[3]{(2x+3)(2x+1)} = -1 \quad | (\)^3$$

$$4x^2 + 8x + 3 = -1$$

$$0 = 4(x^2 + 2x + 1) = 4(x+1)^2 \Rightarrow \boxed{x = -1}$$